



Lyn Hogg SSCo



## Birley

The Y5 Hotshots competition was held at Rainbow Forge in October with fierce competition between the teams who were all fairly evenly matched in the end. Rainbow Forge started off the stronger and came out on top with Charnock joining them at the Partnership Finals at the end of November.

In September with the remainder of Kids Can Do funding two Monday night clubs were set up for KS3-Parkour and Dance. Parkour from an observer's point of view is extremely daring and pushes students to the boundaries of their limits in a safe environment. The boys that attend use all elements of physical fitness to allow them to jump, leap, stretch and lift themselves around different courses in the gym. As an activity it is demanding and not for the faint hearted but at the same time students have been allowed to develop at their pace. The dance club at the same time is geared towards teaching the girls moves and sequences but also allowing them to develop their own work.

Early mornings was an area untapped at Birley but with the assistance of Mr Devlin and Y11 Academy and potential Change For Life Leaders Tuesdays and Thursdays at 8am were open for all students to play table tennis and badminton. The numbers attending have increased to around 30 a session with students happy to drop in and take part. Ninety per cent of these students do not take part in any other club at school. The leaders look after the sessions and organise equipment.

The Girls have been involved in several Basketball competitions run by the Competition Managers with the Y9s fielding two teams at the recent friendly competition. The U16 girls won the recent Forge Football competition on a blustery evening under floodlights. The U13s were runners up in the SUFC N Power competition held at SUFC Academy in November.

The Y11 boys entered the Table Tennis Competition at Meadowhead and enjoyed the experience despite struggling against very good opposition. Our Change For Life Club from after Christmas is Table Tennis so this is improving. Two Birley Leaders with particular interest in Table Tennis are receiving Training from ETTA to enable them to help run the club with Mrs Dyson. This proved a very enjoyable and informative course with Sam and Matthew buzzing with ideas to take back to GCSE and BTEC sessions as well as Table Tennis Clubs.

Academy Leaders in Y9/10 are also involved in running clubs in our feeder schools with football and netball plus two Y11 girls are running a KS1 Dance Club at Birley Spa. Two of our Y10 Academy leaders have also been designated as Silver Adistars Ambassadors whose remit is to help promote PE and Sport and the Olympic values.

We have added two new RIC coaches at school who are assisting with football and Golf plus Mrs Dyson from last year is helping with Netball and running the Change for life Club after Christmas and Lois Wragg having an interview and gaining employment with Activity Sheffield as a result of her Ric work.

With P2P growing in Sheffield Emma Morris from Links Partnership has spent the last half term working with the Integrated Resource Unit on different types of games to suit their abilities.

Activity Sheffield have a major impact in Birley running Blast Off Academy, Blast Off sessions plus a Streetdance club as well as holiday clubs for the primary schools at College! Many boys have enjoyed the Blast-Off sessions and taken part in City wide competitions as have the dancers.

# Handsworth



## Playground To Podium

The first "Playground To Podium" event of the 2010-11 academic year took place at the EIS on the 12th October. The event provided pupils with an opportunity to experience paralympic style sports including boccia, football, athletics and cricket. Pupils also had the chance to complete sports assessment cards where pupils can track their progress online.

The pupils that took part in the event from Handsworth Grange were Amy Keller, Bethany Vaughan, Sam Deakin, Paige Jeffrey, Mumin Samad, Loran Timson, and Charlie Passmore.

It was great to see everyone having a great time and giving 100%. A big well done to you all!

## After School Parkour

September saw the start of a 10-week block of parkour activities funded through Forge School Sport Partnership and Sport Unlimited. Parkour is the physical discipline of training to overcome any obstacle within one's path by adapting one's movements to the environment. It is a non-competitive, physical discipline of French origin in which participants run along a route, attempting to negotiate obstacles in the most efficient way possible. Skills such as jumping and climbing, or the more specific parkour moves are employed. The goal is to get from one place to another using only the human body and the objects in the environment. The obstacles can be anything in one's environment, but parkour is often seen practiced in urban areas because of the many suitable public structures available such as buildings and rails.

The alternative activity has proven to be a real success with a total of 32 pupils from across all year groups having taken part to date.

## Blast Off

Blastoff is a Football On Your Doorstep initiative for 11 - 16 year olds organised and delivered by Activity Sheffield. It provides fun, structured and safe sessions at vulnerable times of the year. Blastoff is currently being delivered on the new AstroTurf on a Friday evenings 5.00pm - 7.00pm at a cost of £1 per player.

Through close working with the Handsworth SSCo, Activity Sheffield were able to offer 3 taster sessions to pupils at lunchtimes to promote the Friday evening session and encourage pupils to setup and enter their own 5-a-side football team into the competition. The taster sessions saw 75 pupils take part and a steady increase in the number of pupils taking part on a Friday evening has been seen due to the taster sessions.

## Get Active Holiday Camp

Over October half-term a 2-day sports camp was held at Handsworth Grange Sport Centre. The camp was organised and delivered through a partnership between Handsworth Forum, Activity Sheffield, Forge School Sport Partnership and Handsworth Grange.

All participants had the opportunity to take part in

trampolining, climbing, archery, grass sledging, football rounders and dodgeball.

The camp proved to be a real success and saw a total of 75 children taking part on the Wednesday and 47 children taking part on the Thursday!!!

If you missed out on the October sports camp, watch out for posters around the sports centre advertising our February Half-Term activities!!!

## Hotshots Basketball Competition

The Handsworth Family Hotshots competition took place on Tuesday 23rd November at Handsworth Grange Community Sports College. Brunswick, St Josephs and Athelstan were represented at the event with over 40 pupils taking part. Athelstan team 1 and team 2 clinched first and second place in the competition. These two teams will combine to form one entry into the partnership hotshots final competition along with Brunswick who will clinch the second entry place into the final.

The finals will take place on Thursday 3rd March at the EIS where the winners and runners-up will be entered into the city wide final. Good luck to both teams!!!

## P2P Swimming Event

The second playground to podium event took place on the 19th November 1pm-3pm at ponds forge. This event was swimming based with Callum O'Mara, Jordan Proctor and Amy Keller representing Handsworth Grange. Pupils took part in a fun splash session which was followed by a series of swimming assessments that took place in the main competition pool.

All pupils enjoyed the session and were a credit to the school!

A regular weekly playground to podium multi-sport coaching session is in the planning stages to take place after Christmas.

## YL Athelstan

The Y11 PAYL members Jake Cook, Chay Kingswood, Mitchell Dennison, Dailyn Brown, Bethany Husbands, Alice Gilbert-Twigg and Kelly Taff have been delivering a top sport multi-sport club on a Thursday evening at Athelstan primary school. The session was aimed to provide Y2 pupils with a range of fun coaching opportunities in a variety of sporting disciplines. The session was certainly a big challenge for the Y11's but they did themselves proud and as usual were a credit to the school. A big well done to you all!!

Gifted and Talented Y6 young leaders from Ballifield have had the opportunity to gain the young leaders award to enable them to plan, deliver and evaluate playground activities to younger children from within their school at break time and lunchtimes. Pupils learn't about basic leadership skills and qualities, session planning, safety aspects in sport and how to assess risks, as well as developing and inventing new games and ideas that they could introduce to younger pupils in school.



Christine Havard SSCo

# King Egbert

## Sports leadership and extra curricular activities

6 King Egbert Y13 Sport Leaders have been supporting the Totley Primary and Totley Allsaints feeder primary schools this year by running after-school sports clubs, a key stage one multiskills and a key stage two fitness and athletics, which have been a great success for all involved.

Lowfield school have set up a gymnastics club for the first time, which has been supported by myself and two Y11 sports leaders by supporting the teacher and coaching the Y4 students. They are now entering the forge partnership competition for the first time in February 2011.

King Egbert School pupils have enjoyed some new clubs this year with an introduction to wheelchair basketball, which has had that many pupils wanting to take part we have had to limit numbers!

With partnership with Charlotte Chance the extended schools co-ordinator, a group of Y7 pupils have been given the opportunity to attend girls only swimming lessons at Pondsforge after school on Fridays, which has been a great success and will continue into 2011.

We have further developed our links with Sheffield hockey club with a partnership with Simon Law the new Sheffield hockey development officer. In partnership with him, we have reintroduced hockey to King Egbert school and have had average numbers of 60 pupils attending the after school club with one week attracting 82 pupils!!! A tournament has now been arranged at Abbeydale sports club for the January and 12 pupils have now joined the hockey club.

Pupils have also enjoyed an introduction to Bhangra dancing with a twist, a mixture of modern street dance and traditional Indian dance, which the girls have been really enjoying.

An indoor athletics and conditioning session has been set up on Monday's after school in partnership with Don Valley Athletics club with is attracting 20 pupils each week and we are looking at entering the indoor athletics competition early next year.

## Competitions

The PE department have been fully involved in competition this term, with pupils, sports leaders and PE staff, and parents being involved. We have competed in all competitions available at secondary level and have done very well.

King Egbert school were the host for the forge key steps trampolining competition in November involving over 20 King Egbert sports leaders from years 10, 11 and 6th form. They all completed a judging course prior to the event and were invaluable in the success of the evening. 13 teams across the forge partnership Competed and King Egbert teams did very well with the U14 level 1 and the U16 level 2 winning there stage and the U16 have now qualified to the south Yorkshire finals. The U14 level 2 came second and the U14 level 3 came third. Congratulations to all.

The U14 girls football team competed in the forge girls football tournament in November this year held at Meadowhead and won their age group. They have now been invited to compete in the next stage next year.

The U13 girls table tennis team won and the U16 boys came second in the partnership competition held at Meadowhead in October.

The Primary Hotshots competition was hosted at KES with 4 Y10 and 11 sports leaders. The winners, Dore and second place Totley Allsaints will be competition at the forge final in January at Allsaints School.

Our Playground to podium has continued this year, with a new group of 10 year 7 students taking part. They have along side last years students, taken part in the first of the talent identification days at the EIS, which was, as always fantastic. For the first time 5 students took part in the Swimming playground to podium at Pondsforge in November. Thank you to Marc Dolan who is part of the RIC prograame and a Teaching Assistant and KES for organising, taking and supporting these students at each events.





# Meadowhead

We have had a busy term so far at Meadowhead; it would have been even busier if the snow hadn't arrived so early!

Meadowhead has a long history of providing high quality sporting activity for children of all ages. The more traditional competitive activities still continue and are played at City and National level. These are supported by those on offer through outside agencies. In this way, we are able to offer a huge range of sporting opportunity, where all children can access high quality sporting activity and coaching, being guided towards suitable and relevant clubs depending upon their own strengths and interests.

September saw the arrival of Pete Ledbetter in a different guise. He is known to many students at Meadowhead and in all of the primaries as the Tennis coach from Beauchief Tennis Club. This, however, is not Pete's only role. He is also a highly qualified Badminton coach and it is in this capacity that he has been working since the beginning of the year.

The year 7, 8 and 9 Badminton club has been so popular, we had to split the sessions, offering girls the opportunity of playing until half term and the boys continuing until Christmas. As a result of its popularity, we have secured funding for this to continue after Christmas.

Yoga has been offered to our older students for the first time this year. The coaching delivery has been of a high quality and numbers of participants have remained at a consistently good level.

Next term will see Meadowhead offering two new after school activities; Parkour and Volleyball. We look forward to seeing how these evolve.

We have been able to access funding for all of these activities through Sport Unlimited and Change for Life projects.

October saw the first new-format Inter Form competition, where the emphasis has been placed on whole class involvement. On this occasion Year 8 children were involved in Football, Badminton, Problem Solving and Calorie Burning activities. All participants gained points towards the form total and a trophy was awarded to the form in the lead. This proved to be a lovely, feel-good evening, one which will continue with different activities on a termly basis and will be offered to children in Years 7, 8 and 9.

Our Primary Schools have been busy as usual. Apart from the usual activities on offer, some of our schools have benefitted from external funding. Woodseats and Lower Meadow schools have received Change for Life assistance and have been able to offer extra activities for KS1 and KS2 children. Activities have been varied; Woodseats have set the children challenges with pedometers and introduced Badminton sessions, while Lower Meadow has provided Multi skill sessions and dance opportunities. Funding will continue for this until July. Lowedges also has the opportunity to access Change for Life funding during the present academic year.

Our Basketball Hotshots competition took place at Meadowhead in November with teams from Abbey Lane and Lower Meadow earning places in the Partnership Final at the English Institute for Sport.

Forge Partnership has recently been successful in a bid for Badminton funding. This means that during the next few months, all of our primary schools will benefit from Badminton coaching, culminating in a cluster competition.

Greenhill Primary once again hosted our Year 2 Dance Festival in November. Once again, this proved to be very successful. More than 150 children from all six of our primary schools participated in dance activities which were led by Ivan Garcia and Faye Gawthorpe. To finish the afternoon, the children were invited to show a dance piece of their own to the other schools. As always, the Meadowhead cluster continues to thrive.



Ann Riley SSCo

# Tapton

## Hotshots Basketball competition

This was held at Tapton. All Tapton family primary schools had a 10 week block of basketball coaching delivered prior to the competition. Hallam and Lydgate Y5 and Y6 pupils came every Friday at 3.30 for their coaching, assisted by Tapton Sports Leaders. Netherthorpe pupils received their coaching from Zest, at their own school.

49 KS2 boys and girls took part in the Basketball coaching, assisted by 8 sports leaders.

Netherthorpe won the Tapton family competition.

## Kwik Sticks Hockey

36 Y4 pupils took part in Hockey coaching at Tapton school over 6 weeks, from 3.30-4.30pm. 8 Tapton sports leaders volunteered to organise the sessions with the support and supervision of Ann Riley. The leaders did a brilliant job, pupils made huge progress with their Hockey Skills. They had an Inter school tournament to finish, leading to Kwik Sticks hockey Competition in April.

## High Five Netball

22 Y5 and Y6 girls from Lydgate enjoyed a 7 week block of Netball coaching as an after school club, two Tapton Sports Leaders Sarah Gill and Emma Cooper did a fantastic job leading the sessions. Our OSHL Netball was held at Hallam and was run by a parent for about 20 girls from September through to October.

## Badminton

Richard Mills delivered high quality Badminton coaching to Y4 pupils in each primary school.

## Sport Unlimited funding

This was used to enable more KS4 pupils to attend our now very well established climbing club. 12 new pupils were able to join in and learn new skills. This funding has enabled climbing club to run now for 2 years and has become a very popular after school club.

## Young Leaders Programme

Ten Y10 pupils selected for Forge Young Embassadors programme. All leaders have done a brilliant job since starting their role in September. They have assisted with Inter form Netball, Rugby, Badminton and Football matches. They have assisted with delivery of OSHL activities to primary schools and assisted with festivals.

## Next Steps Trampolineing

12 pupils took part in the Forge Trampolineing competition and performed very well to finish 3rd place.

## Saturday club

Trampolineing and Badminton clubs continue to be hugely popular on Saturday mornings involving pupils from our feeder schools, Tapton school and the community. Several players entered Sheffield Schools Badminton tournaments and local tournaments with good results. U16/U14 Girls football Competition results Tapton U14 - 2nd, and U16 - 3rd.

## P2P Funding

Playground to Podium funding this year has provided excellent opportunities for a KS3 Multi Sports Club at Tapton school which has run for 10 weeks and a Table Tennis Club, also run as a lunchtime club for 10 weeks, attracting up to 15 boys and girls. Netherthorpe Primary also benefitted from a Multi Skills Club delivered in their school for 6 weeks.

Several of Tapton visually impaired pupils took part in a day of sport at the EIS organised by the Yorks and Humberside Disability Sports Team. Our pupils had a fantastic day sampling new sports such as Archery, Cycling and Tri-Golf.

## Activity Sheffield

In partnership with Activity Sheffield we have established numerous Community Clubs open to Y5/Y6 from our feeder and community schools and Y7 and Y8 pupils from Tapton.

Basketball runs every Friday 3:30 – 4:30 pm with numbers reaching 38.

Tapton Timberwolves Club follows on from 4:30 – 6 pm where different sports such as Rounders, Tennis, Cricket have been covered leading to competitions against other community clubs.

A successful funding bid was acquired to supply team kit and equipment for our young pupils.

**Basketball club - Saturdays 12 – 1:30pm Y4 pupils upwards**

**Blast Off Football - Thursday Nights 6- 7:30 KS3**

**Dance Club - Wednesday 4:30 – 5:30 KS4**

## OSHL Clubs

Funding from YST, assistance from Sports Leaders, Hallam University students, Nathan Barthrop SDO and Premier Sports/Team Coaching organisations have impacted greatly on the additional number of after school and lunchtime clubs in all our primaries. Dance clubs have been exceptionally popular at Lydgate Infants and Juniors with Street Dance and Salsa attracting up to 40 girls and boys per session. Cheerleading and African Dance have also proved popular at Netherthorpe and Hallam. Pupils from Y1- Y6 have joined in extra curricular clubs such as Gym, Mini Tennis, Multi Skills, Tri-Golf, Badminton, Football and Dance.





City

Michelle Eccles SSC



The City Family of Schools have launched into this academic year with their usual enthusiasm and commitment.

At Primary level, our first family festival of the year was attended by all five Primaries, kindly hosted by Gleadless Primary. It was a hotly contested competition, with Gleadless finally finishing as Runners-Up and a very strong team from Stradbroke finishing as Winners. These two teams have qualified for the SSP Hotshots Final at All Saints on March 10th. The Sports Hall Athletics Heats were extremely exciting, with photo finishes being required for some of the track events! The children from Woodthorpe, Woodhouse West, Stradbroke and Intake thoroughly enjoyed the variety of Track and Field events, with many showing great potential. Intake qualified for the SHA Finals which are to be held at the EIS on February 15th. Well done to the whole team.

A very special event this year was the Key Stage 1 Multi-Skills Competition, giving the younger children in Year 1 and 2 the chance to compete. Classes of pupils from both Woodthorpe and Woodhouse West attended this event, learning about the Olympic and Paralympic Values, as well as meeting an ex. British Olympian, Nicola Minicello. Well done to all the children involved.

A special thank you should go to the staff at the Primaries, who work tirelessly to get pupils to these events and run clubs in their own time to practise for the competitions. Thank you to Frank Reardon and Nicola Milburn at Woodthorpe, Joanne Jasper at Stradbroke, Helen Barker at Woodhouse West, Kim Revill at Intake, Nicola Duncan, Sally Westerby and Janine Stott at Gleadless. There are many more Teaching Assistants and parents who help, which is much appreciated.

Teams from The City School have competed in various SSP events this year. The U14 and U16 Girls' Football Team achieved a highly creditable 2nd place in their competition. Four teams participated in the Secondary Table Tennis Competition. For many of the students, it was their first encounter with this type of competition, which proved to be enjoyable, as well as a good learning experience.

The U14 Trampoline team had some excellent performances in their competitions, finishing in 2nd place in the Level 3 Competition. Well done to everyone who participated. Thanks to Chelsea Glossop who gave up her time as a Coach [a 'Recruit into Coaching' Volunteer], in order to prepare the team. The City School BTEC Dancers are looking forward to the Movement Festival in April, into which we have entered a team. A special thank you goes to the City P.E. and Dance staff for their support with competitions and events.

From January 2011 we have been running several new Community Clubs, based at The City School, which are open to Y 4, 5 and 6 pupils, as well as Secondary students. These have been well received by parents and carers, as most are completely free. These are being run by the school in partnership with Activity Sheffield and Forge School Sport Partnership and are displayed on the school website.

Looking onwards into the rest of the year, we look forward to more SSP Competitions, such as Orienteering for Y 4/5 and Multi-Skills for Y 2/3. We are also launching our very first Family of Schools Olympic/Paralympic Competition Afternoon, at The City School, starting in March with Y5. Each year group will have the chance to participate between now and the London Olympics in 2012! You will be able to follow our progress on the 'Get Set Network', which is the official London 2012 website. We are also very excited about our KS3 Olympic style school sports day, which this year we are holding at The English Institute of Sport, the training home of Jessica Ennis!

Thanks to everyone involved in P.E. and Sport in The City Family of Schools.

Michelle Eccles [SSCo]

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