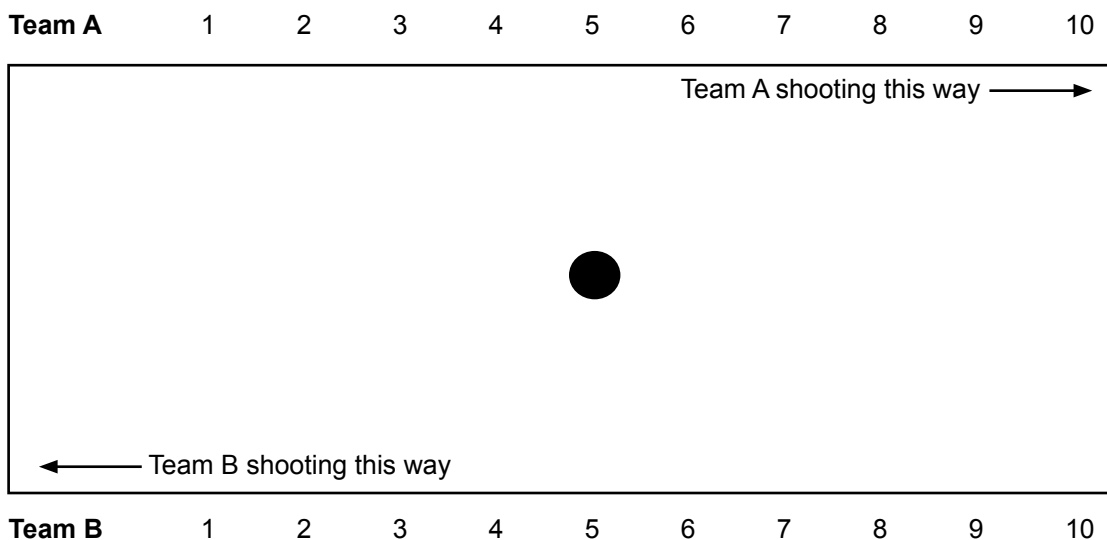


## How To Play The Numbers Game

- Mark out a playing area approx 20m x 10m.
- Split the group into two teams of equal numbers.
- Line each team up on opposite sides of the playing area facing each other.
- Number each player in Team A 1-10 (or however many there are in the team).
- Number each player in Team B in exactly the same way.
- Place the ball\* in the middle of the playing area.
- Tell the teams which way they are shooting.
- Explain the basic rules of the activity to the players:
  - No running with the ball
  - No contact
  - Any other rules
- Shout out two or three numbers.
- Players with those numbers from both teams run into the playing area and play/try to score.
- Either play until one team score or play for a set time (1 minute) or whichever is sooner.
- Then repeat with different numbers.



\*This game works in exactly the same way regardless of which invasion game is used; therefore you might use a netball, football, rugby ball, hockey ball, unihock puck, airball, frisbee, basketball etc.